

# We're here where and when you need us



**AVOID THE  
WAITING LIST**

**Treatment 6-8  
weeks from initial  
appointment<sup>1</sup>**



Inspected and rated

**Outstanding** ☆



★ **Trustpilot**



## The Horder Centre

HORDER HEALTHCARE



“ The Horder Centre is a specialist hospital for orthopaedic surgery, operated by Horder Healthcare, an independent charity committed to advancing the health and wellbeing of people in Kent, Sussex and Surrey. Our world class medical expertise and state of the art facilities are here, where and when you need us. ”

Richard Tyler, CEO



## Your local centre of excellence for orthopaedic surgery

Our specialist hospital in Crowborough, The Horder Centre, is an award-winning centre of excellence in orthopaedic surgery. We have an outstanding team of consultants who operate from three state of the art theatres equipped with the very latest technology. We also provide the physiotherapy which goes hand in hand with orthopaedic surgery to ensure the best possible outcomes for our patients.

From consultants to chefs, our staff are committed to the highest levels of patient care to ensure you enjoy the best possible treatment experience. It's no wonder we are the healthcare provider of choice and carry out more hip and knee replacement procedures than any other independent hospital in the country\*, and have been rated as Outstanding by the CQC.

We are not only here for you where you need us, we are also here to help when you need us most too.

### We make accessing private healthcare easier

If your condition means your lifestyle is being compromised and you want treatment without the wait, we can normally offer you treatment within 6-8 weeks on a self-pay or insured basis<sup>2</sup>. You will also be able to choose from our expert team of specialist consultants and enjoy the finest award-winning facilities we have to offer.

If you don't have private insurance but want to self-pay, we can help make your treatment affordable with a range of finance options and a price promise that there are no hidden extras and if you do find a cheaper price, we will match. You can also access private healthcare, for example to pay for an initial consultation or a diagnostic test, and then still receive any further care you need through the NHS, and vice versa.

\* Hip & Knee Registry July 2021-June 2022



### Why choose The Horder Centre?

-  We are inspected and rated as Outstanding by the Care Quality Commission
-  We carry out more hip and knee replacements than any other independent hospital in the UK\*
-  Rated as 'Excellent' by Trustpilot, with an average score from patient reviews of 4.8 out of 5<sup>1</sup>
-  Treatment 6-8 weeks from initial appointment<sup>2</sup>
-  The Horder Price Promise: No hidden extras and if you find a cheaper price we will match it<sup>3</sup>
-  0% APR up to 12 months<sup>4</sup>
-  Recognised by most major insurers
-  99% of patients would recommend to family and friends<sup>5</sup>

Terms and conditions apply. 1. Average score from 364 reviews in September 2022. 2. Subject to consultation and approval for surgery. 3. Subject to similar service conditions. 4. Terms and conditions apply. Subject to status. 5. PSQ Oct 2020-Sep 2021. For full terms and conditions please refer to our website.





## Orthopaedic Procedures

With a comprehensive team of specialist consultants supported by the very latest surgical technology in our three state of the art operating theatres, we are able to offer a wide range of orthopaedic procedures. We have detailed here our key procedures with our Horder Price Promise charge.

The initial consultation fee and diagnostics will be charged separately. This guide price is based on the usual clinical needs of patients, and the price you pay may differ depending on your medical history as well as the type of implant you choose or your consultant advises is best for you. Not all consultants are signed up to our Price Promise so please check prior to your appointment. You will receive a quotation before you proceed with any tests, consultations, or treatment.

  
**PRICE  
PROMISE**

### OUR PRICE PROMISE WHAT'S INCLUDED

- ✓ Surgery
- ✓ Private ensuite room
- ✓ Inpatient physiotherapy when applicable
- ✓ Follow-up consultation
- ✓ Continuity of care up to and including 120 days following surgery

Please refer to our website for full terms and conditions.



### ACL Reconstruction

Knee injuries commonly occur for those involved in sports but can also happen if your leg or knee becomes twisted. If your knee continually gives way after an accident or injury, it could be a sign that your anterior cruciate ligament (ACL) has ruptured – meaning a significant tear to the ligament that joins your thigh bone and knee joint. ACL reconstruction offers the chance of improving the stability of your knee in everyday life and sporting activities. The procedure is usually performed by an arthroscopy (keyhole surgery), using a camera to see inside your knee, and typically takes an hour to 90 minutes.

Autograft Reconstruction of ACL	Cost
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £7,708
<b>Estimated Total Cost</b>	<b>from £8,013</b>
Estimated Length of Stay	1 night

\* The guide price is effective from 1st January 2022

### Knee

Our knees come under a lot of pressure and gradually the joint can become damaged or worn from ageing, arthritic conditions or injury. If you have been experiencing severe pain that compromises your lifestyle, you may need a knee arthroscopy to investigate and treat, or ultimately a total knee replacement procedure to resurface the knee joint with artificial parts. In due course you may also need knee revision surgery to replace the worn parts of your initial knee replacement. As one of the UK’s leading knee replacement hospitals we have access to the latest robotic technology including the ROSA Knee System.

Knee Replacement	Cost
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £12,751
<b>Estimated Total Cost</b>	<b>from £13,056</b>
Estimated Length of Stay	3 nights



## Hip

Our hip joint is made up of two parts: the hip socket, and the “ball”, which is the head of the thigh bone. Your hip joint can become damaged due to wear and tear as we get older, arthritic conditions or injury. If so, you may need a total hip replacement. This is a surgical procedure to remove the two worn surfaces of your hip joint and replaced with smooth artificial surfaces implanted into the healthy portions of the pelvis and thigh bone. In due course hip revision surgery may be required to replace the original prosthesis with a new one. The Horder Centre is the UK’s leading hospital for hip replacement.

Hip Replacement	Cost
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £12,517
<b>Estimated Total Cost</b>	<b>from £12,822</b>
Estimated Length of Stay	2-5 days

\* The guide price is effective from 1st January 2022

## Shoulder

Injury, infection or other underlying conditions such as arthritis in your shoulder can result in pain, lack of mobility and weakness that can seriously compromise your lifestyle. A shoulder arthroscopy will enable your surgeon to investigate as well as to treat some problems without the need to fully open up your shoulder. If your condition is caused by an impingement or a tear, you may need Rotator Cuff surgery to repair the damage. However it may be that you need a Total Shoulder Replacement, where the head of the humerus and the socket are replaced with artificial surfaces.

Shoulder Replacement	Cost
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £13,506
<b>Estimated Total Cost</b>	<b>from £13,811</b>
Estimated Length of Stay	3 nights

# ACL replacement surgery gets Antony White walking with confidence again

**W**hen ongoing knee problems caused Antony White to frequently stumble and lose his stability, he was advised to have both cruciate ligaments replaced.

His symptoms stemmed from a serious collision at the age of 18 when a driver fell asleep at the wheel and veered into the path of Antony's moped. This resulted in a multitude of injuries including a compound fracture in both femurs, a broken tibia and fibula and multiple fractures to the left foot.

Both kneecaps were removed, which led to Antony being unable to lock his right knee due to a 15 degree lag. Over the years, he underwent extensive operations but was warned that he would develop arthritis in the joints and knees later on in life.

Several years ago, Antony's knee began to give him problems and started to click regularly, so he visited his GP who referred him to The Horder Centre. He saw Consultant Orthopaedic Surgeon Andrew Armitage who carried out a total replacement of the anterior cruciate ligament (ACL) and posterior cruciate ligament (PCL), with ligaments from a donor.

Antony explained: "My knee was very painful and unstable, which was exacerbated by the bad accident. My right knee couldn't lock so if I had a stumble there was nothing to hold me up. Both

cruciate ligaments had whittled down to a point of nothing.

"I have been through about 15 operations, so you get a feel for it. I felt very confident with what they (The Horder Centre) suggested. They explained everything in detail and were very clear. Even after the operation they told me what to expect and advised it would be six months recovery."

Antony's recovery started with a five-day stay at The Horder Centre, where he waited for the swelling to go down before starting physiotherapy. Upon being discharged home, he continued the physiotherapy exercises but unfortunately had to return to Mr Armitage twice due to infections that were quick to resolve.

Despite subtle arthritis in both knees as predicted by doctors over the years, Antony has regained his stability and is now able to go to the gym and cycle regularly.

He said: "I was shown the before and after photos and the results are amazing. The two ligaments in question are X-shaped and are quite sturdy and thick. Mine were like pieces of string, resulting in me stumbling."







## Outstanding Facilities

**T**he Horder Centre boasts excellent medical facilities equipped with the very latest technologies, which now includes the ROSA Knee System. Facilities also include patient care and visitor amenities to ensure that your experience is as comfortable as possible.

### Consultation Rooms

We have six outpatient consultation rooms and five outpatient therapy consulting rooms for access to individual physiotherapy/osteopathy and other musculoskeletal services.

### Operating theatres

We have recently refurbished our three operating theatres all of which are equipped with laminar flow and have suitable space and facilities to support a wide range of surgical procedures. We also have our own instrument decontamination facilities on site.

### Outpatient gym

Our outpatient gym provides state of the art fitness equipment and a tranquil space for classes which include Pilates, HIIT 50 and Balance and Flexibility.





## Diagnostic suite

Our diagnostic suite provides access to radiology services including x-rays, ultrasound and MRI scanning.

## Day Services Unit

The Day Services Unit consists of three consulting rooms, one minor operations room, three patient lounges and 11 individual patient cubicles, thus providing a flexible space for assessment, admission and caring for day surgery patients.

## Inpatient bedrooms

Our individual patient bedrooms have spacious ensuite facilities with televisions and telephones. Decorated in muted colours they are designed to allow as much natural light as possible and many have garden views.

## Inpatient gym & therapy garden

The inpatient gym provides a large airy space for group classes to undergo physiotherapy. The outside therapy garden is designed to facilitate exercising outdoors (weather permitting) and give patients the opportunity to practise their mobility on carefully designed walkways, containing alternative surfaces to fully prepare them for their home environment.

## Courtyard gardens

Within the inpatient area the courtyard spaces are designed to support a therapeutic and tranquil setting. Outdoor seating provided allows a quiet space for contemplation.





## Award-Winning Hospitality

**P**atients will enjoy an award-winning standard of hospitality.

Our kitchen has won the 'Food for Life Served Here' Award from the Soil Association. This recognises that food on the menu is freshly prepared and has been made from ingredients that are good for our climate, nature and health, using less, higher quality meat, responsibly sourced fish, and locally sourced ingredients. Special dietary requirements can be catered for.

Whilst inpatients dine in their room, day patients can eat in our dining room. They can also enjoy our coffee shop that offers complimentary Wi-Fi and provides a range of beverages as well as hot and cold food.



# New knee for Molly Williams at The Horder Centre

After enduring 10 years of pain in her knee, Molly decided that the time had come to have a total knee replacement at The Horder Centre with Orthopaedic Consultant Andrew Armitage.



As a textile artist Molly was on her feet all day, and increasingly had been in pain from the moment she woke in the morning until she went to bed. She previously loved walking but at the worst point was only able to walk for around 30 minutes before the pain became too much. It was preventing her from doing so many things, so it naturally came to a point where she had to look at joint replacement surgery.

"When it came to deciding where to have the procedure, it was an easy choice. My son had a partial meniscectomy at the Centre after a rugby injury and was very pleased with the care and outcome. Everyone in Crowborough knows of the Centre's excellent reputation, so I had no hesitation.

"I knew I was in good hands with my consultant Andrew Armitage, and found the staff to be so caring.

"I recovered well after the procedure and was well looked after - the food in particular was absolutely fantastic! I felt confident about returning home, although one thing I wasn't prepared for was how tired I was after the

surgery and this lasted for around three weeks. I am now six weeks on from my surgery and my recovery is on track.

"I can already feel a massive difference in my knee and I am now expecting that I will need my

other knee replaced at some point, but for now I am looking forward to a life where I can work on my feet without pain."

**"I felt fully prepared for my surgery**

**and didn't feel in any way rushed.**

**Going into a hospital during the**

**Covid pandemic could have been**

**daunting but the whole process felt**

**very safe and highly organised."**





**Contact our Private Patient Team on**  
**01892 620928**

**The Horder Centre**  
HORDER HEALTHCARE

[www.horderhealthcare.co.uk](http://www.horderhealthcare.co.uk)

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