

We're here where and when you need us

**AVOID THE
WAITING LIST**

**Treatment 6-8
weeks from initial
appointment¹**



The Horder Centre

HORDER HEALTHCARE

2024



“ The Horder Centre is a specialist hospital for orthopaedic surgery, operated by Horder Healthcare, an independent charity committed to advancing the health and wellbeing of people in Kent, Sussex and Surrey. Our world class medical expertise and state of the art facilities are here, where and when you need us. ”

Richard Tyler, CEO



Your local centre of excellence for orthopaedic surgery

Our specialist hospital in Crowborough, The Horder Centre, is an award-winning centre of excellence in orthopaedic surgery. We have an outstanding team of consultants who operate from three state of the art theatres equipped with the very latest technology. We also provide the physiotherapy which goes hand in hand with orthopaedic surgery to ensure the best possible outcomes for our patients.

From consultants to chefs, our staff are committed to the highest levels of patient care to ensure you enjoy the best possible treatment experience. It's no wonder we are the healthcare provider of choice and carry out more hip and knee replacement procedures than any other independent hospital in the country*, and have been rated as Outstanding by the CQC.

We are not only here for you where you need us, we are also here to help when you need us most too.

We make accessing private healthcare easier

If your condition means your lifestyle is being compromised and you want treatment without the wait, we can normally offer you treatment within 6-8 weeks on a self-pay or insured basis². You will also be able to choose from our expert team of specialist consultants and enjoy the finest award-winning facilities we have to offer.

If you don't have private insurance but want to self-pay, we can help make your treatment affordable with a range of finance options and a price promise that there are no hidden extras and if you do find a cheaper price, we will match. You can also access private healthcare, for example to pay for an initial consultation or a diagnostic test, and then still receive any further care you need through the NHS, and vice versa.

* Hip & Knee Registry 1 April 2022 – 31 March 2023



Why choose The Horder Centre?

- ✎ We carry out more hip and knee replacements than any other independent hospital in the UK¹
- ✎ Treatment 6-8 weeks from initial appointment²
- ✎ 0% APR up to 12 months³
- ✎ We are inspected and rated as Outstanding by the Care Quality Commission
- ✎ Rated as Excellent on Doctify with a patient trust score of 4.91
- ✎ 100% of patients would recommend to family and friends⁴
- ✎ Recognised by most major insurers

Terms and conditions apply. 1. PHIN data July 2022 – June 2023. 2. Subject to consultation and approval for surgery. 3. Terms and conditions apply. Subject to status. 4. PSQ August 2023. For full terms and conditions please refer to our website.



0%
Finance
available

T&Cs apply

Orthopaedic Procedures

With a comprehensive team of specialist consultants supported by the very latest surgical technology in our three state of the art operating theatres, we are able to offer a wide range of orthopaedic procedures. We have detailed here our key procedures with our Horder Price Promise charge.

The initial consultation fee and diagnostics will be charged separately. This guide price is based on the usual clinical needs of patients, and the price you pay may differ depending on your medical history as well as the type of implant you choose or your consultant advises is best for you. Not all consultants are signed up to our Price Promise so please check prior to your appointment. You will receive a quotation before you proceed with any tests, consultations, or treatment.

£
PRICE
PROMISE

OUR PRICE PROMISE WHAT'S INCLUDED

- ✓ Surgery
- ✓ Private ensuite room
- ✓ Inpatient physiotherapy when applicable
- ✓ Follow-up consultation
- ✓ Continuity of care up to and including 120 days following surgery

Please refer to our website for full terms and conditions.



ACL Reconstruction

Knee injuries commonly occur for those involved in sports but can also happen if your leg or knee becomes twisted. If your knee continually gives way after an accident or injury, it could be a sign that your anterior cruciate ligament (ACL) has ruptured – meaning a significant tear to the ligament that joins your thigh bone and knee joint. ACL reconstruction offers the chance of improving the stability of your knee in everyday life and sporting activities. The procedure is usually performed by an arthroscopy (keyhole surgery), using a camera to see inside your knee, and typically takes an hour to 90 minutes.

Autograft Reconstruction of ACL	Cost*
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £8,247
Estimated Total Cost	from £8,552
Estimated Length of Stay	1 night

* The guide price is effective from 1st January 2024

Knee

Our knees come under a lot of pressure and gradually the joint can become damaged or worn from ageing, arthritic conditions or injury. If you have been experiencing severe pain that compromises your lifestyle, you may need a knee arthroscopy to investigate and treat, or ultimately a total knee replacement procedure to resurface the knee joint with artificial parts. In due course you may also need knee revision surgery to replace the worn parts of your initial knee replacement. As one of the UK's leading knee replacement hospitals we have access to the latest robotic technology including the ROSA Knee System.

Knee Replacement	Cost*
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £13,899
Estimated Total Cost	from £14,204
Estimated Length of Stay	3 nights



Hip

Our hip joint is made up of two parts: the hip socket, and the “ball”, which is the head of the thigh bone. Your hip joint can become damaged due to wear and tear as we get older, arthritic conditions or injury. If so, you may need a total hip replacement. This is a surgical procedure to remove the two worn surfaces of your hip joint and replaced with smooth artificial surfaces implanted into the healthy portions of the pelvis and thigh bone. In due course hip revision surgery may be required to replace the original prosthesis with a new one. The Horder Centre is the UK’s leading independent hospital for hip replacement.

Hip Replacement	Cost*
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £13,393
Estimated Total Cost	from £13,698
Estimated Length of Stay	2-5 days

* The guide price is effective from 1st January 2024

Shoulder

Injury, infection or other underlying conditions such as arthritis in your shoulder can result in pain, lack of mobility and weakness that can seriously compromise your lifestyle. A shoulder arthroscopy will enable your surgeon to investigate as well as to treat some problems without the need to fully open up your shoulder. If your condition is caused by an impingement or a tear, you may need Rotator Cuff surgery to repair the damage. However it may be that you need a Total Shoulder Replacement, where the head of the humerus and the socket are replaced with artificial surfaces.

Shoulder Replacement	Cost*
Initial Consultation	from £220
Diagnostics	from £85
Treatment	from £14,452
Estimated Total Cost	from £14,757
Estimated Length of Stay	3 nights

Peter Bailey chose The Horder Centre for his double hip replacement

For years, Peter Bailey had troublesome pain in the right-hand side of his groin. A visit to his GP and a subsequent X-ray revealed little information, so he lived with the pain for a number of years.

Peter, aged 73 and a company director and joint carer for his son, explained: "My hip began to get really bad, it felt like bone on bone. Walking was incredibly painful and the physical activities involved in caring, such as lifting, became nearly impossible."

A return visit to the GP this year resulted in an X-ray at Horder Healthcare Clinic in Eastbourne and a referral

to Consultant Orthopaedic Surgeon, Mr Andrew Skyrme, who advised a bilateral hip replacement and felt it would be wise to have both hips done at the same time.

Once Peter received his patient guide booklet from The Horder Centre, he was able to prepare for surgery with the advice and exercises provided.



"Once I was there (The Horder Centre) on the day, I was relieved", Peter said. "The first thing I said when I woke up from the

operation was 'Are they both done?' and they said yes, which was a huge relief." He added: "I really appreciated

my pain relief being kept up and the personal approach was incredible – they decided to keep me in for five days as they felt I would be better prepared to go home.

"I followed the advice doing a little more each time. The physiotherapists were fantastic and were really pleased with my development."

"The experience was top notch I couldn't

fault it at all. My consultant Andrew

Skyrme was great. He is very approachable,

understanding and sympathetic. I felt I

could talk to him easily."

"This is not a procedure that is commonly done in the United Kingdom, but for select patients who are fit enough with disabling bilateral arthritis, it is an excellent treatment. I am delighted to see that Peter is doing really well and should get back to all normal activities without restriction."

Andrew Skyrme, Consultant Orthopaedic Surgeon





Outstanding Facilities

The Horder Centre boasts excellent medical facilities equipped with the very latest technologies, which now includes the ROSA Knee System. Facilities also include patient care and visitor amenities to ensure that your experience is as comfortable as possible.

Consultation Rooms

We have six outpatient consultation rooms and five outpatient therapy consulting rooms for access to individual physiotherapy/osteopathy and other musculoskeletal services.

Operating theatres

Our three state-of-the-art operating theatres are equipped with laminar flow and have suitable space and facilities to support a wide range of surgical procedures. We also have our own instrument decontamination facilities on site.

Outpatient gym

Our outpatient gym provides state of the art fitness equipment and a tranquil space for classes which include Pilates, HIIT 50 and Balance and Flexibility.



Diagnostic suite

Our diagnostic suite provides access to radiology services including x-rays, ultrasound and MRI scanning.

Day Services Unit

The Day Services Unit consists of three consulting rooms, one minor operations room, three patient lounges and 11 individual patient cubicles, thus providing a flexible space for assessment, admission and caring for day surgery patients.

Inpatient bedrooms

Our individual patient bedrooms have spacious ensuite facilities with televisions and telephones. Decorated in muted colours they are designed to allow as much natural light as possible and many have garden views.

Inpatient gym & therapy garden

The inpatient gym provides a large airy space for group classes to undergo physiotherapy. The outside therapy garden is designed to facilitate exercising outdoors (weather permitting) and give patients the opportunity to practise their mobility on carefully designed walkways, containing alternative surfaces to fully prepare them for their home environment.

Courtyard gardens

Within the inpatient area the courtyard spaces are designed to support a therapeutic and tranquil setting. Outdoor seating provided allows a quiet space for contemplation.



Award-Winning Hospitality

Patients will enjoy an award-winning standard of hospitality.

Our kitchen has won the 'Food for Life Served Here' Award from the Soil Association. This recognises that food on the menu is freshly prepared and has been made from ingredients that are good for our climate, nature and health, using less, higher quality meat, responsibly sourced fish, and locally sourced ingredients. Special dietary requirements can be catered for.

Whilst inpatients dine in their room, day patients can eat in our dining room. They can also enjoy our coffee shop that offers complimentary Wi-Fi and provides a range of beverages as well as hot and cold food.



Ian Hughes chose The Horder Centre for his knee replacement surgery

For Ian Hughes, football, squash and racketball have always played a part in his active lifestyle. But when knee pain began to creep in, he underwent a knee arthroscopy, which revealed a torn meniscus.

Despite this being repaired, the pain not only persisted, it intensified. Ian returned to his GP who advised him that at 60 years old, he was too young to have a knee replacement.

Ian spent the next eight years taking the painkiller Naproxen.

He explained: "When I was watching tv, a bolt of pain would shoot up my leg. I became tired of taking painkillers and decided I had been on them for too long."

After hearing about the positive experiences of several friends Ian, from Orpington, asked his GP to be referred to The Horder Centre. He was referred as an NHS patient and saw Consultant Orthopaedic Surgeon, Mr Lee David.

His X-ray revealed the meniscus in both knees had worn away and he would need both knees replaced. His right knee, with the most



severe pain, would be operated on first, in December 2022, followed by the left knee in August 2023.

"It is an amazing place. Everybody was very professional and extremely efficient. There was no waiting around in reception and any letters were sent within 48 hours after visiting the Centre."

Ian adds:
"Mr David was thorough explaining all the pros and cons. There are risks in any operation, but I had made up my mind that

I wanted it done. It was impacting all the things I wanted to do: racketball, golf, walking."

On both occasions, Ian spent two nights at The Horder Centre and continued a steady recovery at home. Each time, he slowly returned to the gym and began to measure his progress by moving the seat of the bike and rowing machine a little further each time!



Mr Lee David

Mr David has been a Consultant Orthopaedic Surgeon at Maidstone and Tunbridge Wells NHS Trust for over 13 years, having trained in London and the South East. His practice mainly consists of large volumes of knee and hip replacements.

Our Specialist Consultant Team

KEY



Hip



Knee



Shoulder



Spine



Foot & Ankle



Hand & Wrists



Mr Syed S. Ahmed

MBChB, LL.M, MSc, FRCS (Tr & Orth.)

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Andrew Armitage

MB BS, FRCS(Orth & Tr), BSc

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Satish Ganesan

D.Orth., DNB.Orth., MCh.Orth., FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Simon Hoskinson

MB BS, MA (Cantab), FRCS (Tr & Orth)

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Tofunmi Oni

MBChB BSc, PGDip, FRCS (Orth)

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Per Anderberg

Swedish Registration, Specialist Registration, GMC Registration 2003

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Hagen Jahnich

FRCS (Tr & Ortho)

Consultant Orthopaedic Surgeon



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Mr Oliver Harley

MBBS, BSc, MBA, FRCSEd(Plastic Surgery)

Consultant Plastic and Reconstructive Surgeon



[See profile online >](#)



Mr James Nicholl

MA, MB, B.Chir, FRCS, FRCS(Orth)

Consultant Orthopaedic Surgeon



[See profile online >](#)



Mr Simon Pearce
MBBS MSc FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon

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Mr Sam Rajaratnam
MB BS, BSc, FRCS(Tr & Orth)
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Mr Barry Rose
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Consultant Orthopaedic Surgeon

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Mr Guy Selmon
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Consultant Orthopaedic Surgeon

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Mr Andrew Skyrme
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Mr Lee David
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Mr Mark Pickford
MB BS, MS, FRCS (Plast)
Consultant Plastic and Hand Surgeon

HW

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Mr Michael Dunning
MB BS, BSc, FRCS, FRCS (Orth)
Consultant Orthopaedic Surgeon

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[See profile online >](#)



Contact our Private Patient Team on
01892 620928

The Horder Centre

HORDER HEALTHCARE

www.hordercentre.co.uk

Registered Charity No: 1046624

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Inspected and rated

Outstanding ☆



Rated Excellent